

Tips to stay safe

- Inspect your work area for slip, trip, and fall hazards prior to beginning work.
- Ensure portable ladders are inspected before use and are properly used (e.g., stepladders should be spread fully and locked into position).
- Use handrails when you walk up and down stairs.
- If you see something you might slip or trip on, immediately remove it or contact your supervisor.
- To eliminate distractions, avoid walking while texting or talking on a mobile device.
- Maintain good housekeeping and avoid clutter.
- Ensure