## PADS PSYCHIATRIC ADVANCE DIRECTIVES

## What are Psychiatric Advance Directives (PADs)?

Psychiatric advance directives (PADs) are a relatively new legal development that ensures that your voice is heard during a crisis situation or an acute mental health episode.

PADs are a combination of written documents and a designated decisionmaker. These two elements of PADs work together on your behalf to ensure that your speci c treatment requests are met during times that you are unable to advocate for yourself.

Our CAPS providers encourage patients with a history of extensive mental health issues and/ or multiple hospitalizations to ensure that their treatment wishes are honored through Advance Care Planning.

## PADs information for the State of Illinois:

PADs in Illinois are known as "Declaration for Mental Health Treatment"

Illinois's Mental Health Treatment Preferences Declaration Act allows you to designate a patient advocate that will make mental health decisions for you if you are unable to do so.

PADs documents must be signed by you, your advocate, and two witnesses in order for it to be legally recognized. Your spouse, parent, child, sibling, or health care provider cannot act as a witness.

## Additional PADs Resources

For more information about creating and implementing a Psychiatric Advance Directive to ensure that your treatment choices are heard, please refer to the following websites:

National Resource Center on Psychiatric Advance Directives website: www.nrc-pad.org/

For State by State information regarding PADs or State speci c PAD forms, please refer to: www.nrc-pad.org/state-by-state

PADs are legally recognized documents that state your treatment choices and